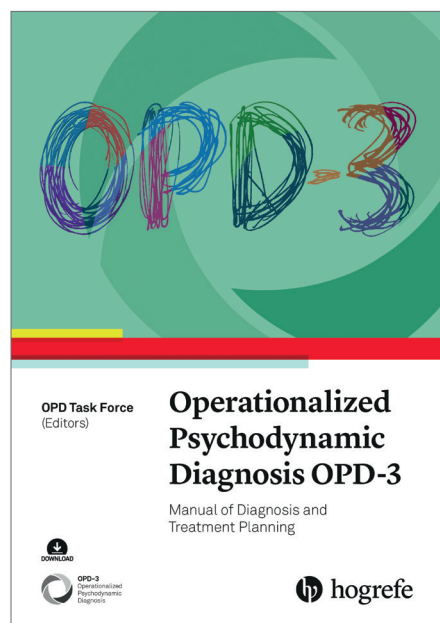




New

The new standard in psychodynamic diagnostics for clinical practice and research



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OPD Task Force (Ed.)

Operationalized Psychodynamic Diagnosis OPD-3

Manual of Diagnosis and Treatment Planning

The Operationalized Psychodynamic Diagnosis (OPD) is a multiaxial psychodynamic diagnostic system that has become a widely accepted standard in psychodynamic diagnostics for clinical practice and research in many countries. Numerous empirical studies have demonstrated the validity of OPD findings.

Through its clear operationalization of essential components of psychodynamic models – subjective experiences of illness and treatment ideas, problematic relationship patterns, intrapsychic conflicts, and personality functioning (i.e., structural integration) – the OPD enables reliable assessment, which is further aided by a wealth of case examples and working materials. The OPD-3 is organized in four axes:

Axis I: Mental Disorders, Experience of Illness, and Prerequisites for Treatment

Axis II: Interpersonal relations

Axis III: Conflict

Axis IV: Structure

New in OPD-3:

All axes have been further refined with a stronger emphasis on dimensionally-oriented assessment. The dynamic interplay of the axes, especially between conflict and structure, is represented with greater differentiation. Since the OPD is based on a semi-standardized, clinically-oriented interview, this manual is equally suitable for both research and clinical practice. It is an indispensable companion for choosing the most fitting diagnostic tests, determining the focus of treatment, and therapy planning.

From the content

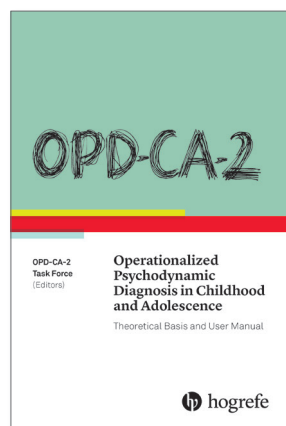
OPD Task Force – Members and Their Function Within the OPD Task Force

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The editors

OPD Taks Force, the Working Group for Operationalized Psychodynamic Diagnostics (OPD), consisting of psychiatrists, psychoanalytic and psychodynamic psychotherapists, and psychosomatic specialists from German-speaking countries, developed the OPD in the early 1990s. Its goal was to create a multi-axial, reliable, and validatable diagnostic instrument for psychodynamic therapy approaches in order to improve the planning and evaluation of therapy and to standardize psychodynamic diagnostics and make them suitable for research.

Also available



2017, xvi + 334 pp.
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Also be available as eBook

OPD Task Force / Franz Resch / Georg Romer / Klaus Schmeck / Inge Seiffge-Krenke (Eds.)

OPD-CA-2 Operationalized Psychodynamic Diagnosis in Childhood and Adolescence

Theoretical Basis and User Manual

Following the success of the Operationalized Psychodynamic Diagnosis for Adults (OPD-2), this multiaxial diagnostic and classification system based on psychodynamic principles has now been adapted for children and adolescents by combining psychodynamic, developmental, and clinical psychiatric perspectives.

The OPD-CA-2 is based on four axes that are aligned with the new dimensional approach in the DSM-5:

- I = interpersonal relations,
- II = conflict,
- III = structure, and
- IV = prerequisites for treatment.

After an initial interview, the clinician (or researcher) can evaluate the patient's psychodynamics according to these axes to get a comprehensive psychodynamic view of the patient. Easy-to-use checklists and evaluation forms are provided. The set of tools and procedures the OPD-CA-2 manual provides have been widely used for assessing indications for therapy, treatment planning, and measuring change, as well as providing information for parental work.

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