

EFPP OPEN ONLINE EVENT on the 29th of March 2026

THE GROUP SECTION STUDY DAY

Beyond the Psychoanalytic Therapy Couch: The Transformative Power of Group Psychotherapy

Introduction

The Study Day is a half-day seminar organised by the European Federation of Psychoanalytic Psychotherapy (EFPP). Its principal aim is to promote a clinical and theoretical dialogue between the four Psychoanalytic Sections under the Federation's umbrella: Adult, Child & Adolescent, Couple & Family, and Group.

This EFPP Group Study Day will be based on the clinical work of **Uri Levin**, clinical psychologist, group analyst, and organisational consultant. He previously served for ten years on the board of the European Federation for Psychoanalytic Psychotherapy (EFPP) and was the chair of its Groups section.



The Study Day features Uri Levin, M.A., as Main Speaker, with Eugenijus Laurinaitis, MD, PhD and Tove Mathiesen (IGA-Aarhus), Psychoanalyst (IPA), MD as Discussants,

moderated by Anna Zajenkowska, outgoing Section Chair. The lecture integrates clinical case material and psychodynamic theory, followed by a large-group discussion.

This Online event is open to all EFPP delegates and colleagues from all sections.

Program

Date: 29th of March 2026. **Time** is in **CET**

10:00-10:15	Welcome and introduction <i>Anna Zajenkowska, EFPP Group Section Chair (outgoing)</i>
10:15-10:45	Clinical presentation by <i>Uri Levin</i>
10:45-11:00	1st Discussant <i>Eugenijus Laurinaitis, MD, PhD</i>
11:00-11:15	2nd Discussant <i>Tove Mathiesen (IGA-Aarhus), Psychoanalyst (IPA), MD</i>
11:15-11:40	Break
11:40-12:15	Discussion in plenum Moderator: <i>Anna Zajenkowska, EFPP Group Section Chair (outgoing)</i>
12:45-13:00	Closing words <i>María Eugenia Cid Rodriguez, EFPP President</i>
13:00	Farewell <i>Yafi Shpirer, EFPP Group Section Representative (Co-opted)</i>

Registration

Registration Fee: €40

We are pleased to invite you to the Group Section Study Day, which is an open event and not limited to EFPP delegates. Please feel free to share this invitation and the information with colleagues who may be interested.

- All participants, including delegates from the Adult, Couple & Family, and Child & Adolescent Section, as well as non-EFPP delegates, please register and complete your payment (€40 participation fee) using the following link:

Register Here: [EFPP Group Section Study Day 29.03.2026](#)

(Registration link for all participants except EFPP Group Section Delegates!)

- **Registration for EFPP Group Section Delegates:** All Group Section delegates are kindly asked to register via a dedicated link that has been sent directly to them. This form is exclusively for EFPP Group Section delegates. The registration fee for Group Section delegates is 0 euros, as they are the organisers of the Study Day.

Once you complete your registration and payment, you will receive the Zoom login details closer to the event date.

If you encounter any issues, please contact Administrative Secretary Anne Sauer at annesauerefpp@gmail.com or Financial Officer Janaki Hemaratne at janaki@efpp.org

We look forward to welcoming you to the event!

Kind Regards

On behalf of the EFPP Group Section

Anna Zajenkowska - *Chair of the EFPP Group Section (Outgoing)*

Yafi Shpirer - *Board Representative of the Group Section (Co-opted)*