

EFPP Book Series – EFPP Monographs

EFPP Monographs is the editorial book series of the European Federation for Psychoanalytic Psychotherapy, published in collaboration with Routledge, one of the leading international publishers in the fields of psychotherapy, psychoanalysis, mental health, and the humanities. The series brings together collective volumes dedicated to contemporary psychoanalytic psychotherapy and represents one of the ways in which EFPP supports professional dialogue, clinical exchange, and theoretical reflection among psychoanalytic psychotherapists across Europe.

Developed in collaboration with EFPP, each volume in the series focuses on a specific theme and includes contributions from authors from different European countries. The series reflects EFPP's mission to promote communication across national, cultural, and professional boundaries, as well as across its clinical sections: child and adolescent psychotherapy, adult psychotherapy, couple and family psychotherapy, and group psychotherapy.

Over the years, EFPP Monographs has become an important editorial space for exploring the development of psychoanalytic psychotherapy in relation to clinical, social, cultural, and political change. The volumes address core questions in psychoanalytic practice, including transference and countertransference, supervision, work in institutional settings, psychotherapy with children and adolescents, work with parents, research in psychoanalytic psychotherapy, processes of therapeutic change, couple and family psychotherapy, trauma, social and political violence, cultural difference, migration, identity, otherness, group dynamics, and sibling relationships.

A distinctive feature of the series is its European character. Each volume offers not only a clinical or theoretical perspective on a particular subject, but also a view of the diversity of psychoanalytic traditions, schools of thought, and cultural contexts in which psychoanalytic psychotherapy is practised. In this sense, EFPP Monographs functions as a bridge between individual clinical experience and collective professional reflection, between practice and research, and between psychoanalytic theory and the wider social realities that shape psychic life.

The early volumes in the series helped consolidate key areas of psychoanalytic psychotherapy, including countertransference in child and adolescent psychotherapy, supervision, psychotherapeutic work in institutions, psychotherapy with severely disturbed adolescents, and clinical work with parents. These books contributed to the development of important clinical reference points for psychoanalytic psychotherapists working in a variety of settings, from private practice to public services, hospitals, schools, social care institutions, and community-based organisations.

One of the major directions of the series is the dialogue between psychoanalysis, psychotherapy, and research. Volumes such as *Research on Psychoanalytic Psychotherapy with Adults and Assessing Change in Psychoanalytic Psychotherapy of Children and Adolescents* explore questions concerning the effectiveness of psychoanalytic interventions, the nature of therapeutic change, and the possibility of bringing empirical research into meaningful conversation with clinical experience. These works highlight the importance of developing research methods that remain sensitive to the complexity of psychoanalytic practice while also engaging with the wider professional demand for accountability, evaluation, and evidence.

Another significant direction within the series concerns the relationship between psychoanalytic psychotherapy and contemporary social and cultural transformations. *Crossing Borders – Integrating*

Differences reflects on the many boundaries that shape psychoanalytic work: between theory and practice, clinic and research, the familiar and the foreign, and the known and the unknown. *Europe on the Couch* offers a psychoanalytic and socio-cultural reading of contemporary Europe, addressing themes such as migration, European identity, collective anxieties, and the psychological impact of social change. These volumes demonstrate the capacity of psychoanalytic thinking to illuminate not only individual suffering, but also broader cultural and collective processes.

The series also includes important contributions on trauma, violence, and collective suffering. *Bearing Witness: Psychoanalytic Work with People Traumatized by Torture and State Violence* explores psychoanalytic work with individuals affected by torture and political violence, focusing on forms of trauma that often challenge language, representation, and the ordinary conditions of therapeutic work. More recently, *A Psychoanalytic Exploration of Social Trauma: The Inner Worlds of Outer Realities* has extended this reflection by examining the causes, manifestations, and clinical implications of social trauma from multiple psychoanalytic perspectives. These volumes underline the ethical and clinical responsibility of psychoanalytic psychotherapy when working with suffering shaped by historical, political, and social realities.

At the same time, *EFPP Monographs* gives sustained attention to family life, relational development, and the psychic impact of intimate bonds. *Families in Transformation: A Psychoanalytic Approach* brings together psychoanalytic perspectives on couples and families, reflecting on the changing forms and meanings of family life in contemporary Europe. *Siblings: Envy and Rivalry, Coexistence and Concern* explores the importance of sibling relationships in psychic development and clinical practice, from rivalry, envy, and competition to coexistence, concern, and the possibility of emotional growth. These works show how psychoanalytic psychotherapy can deepen our understanding of the complex emotional worlds created within families and across generations.

The clinical dimension remains central throughout the entire series. Volumes such as *The Analytic Field: A Clinical Concept, Play and Power*, *The Therapist at Work*, *Invisible Boundaries*, and *Psychoanalytic Psychotherapy: A Handbook* explore the therapeutic frame, the analytic process, the therapist's personal and professional involvement, and the ways in which psychoanalytic concepts can be applied in work with children, adolescents, adults, groups, couples, and families. The series offers clinicians both theoretical depth and practical insight, encouraging careful attention to the therapeutic relationship, unconscious communication, symbolic expression, and the multiple levels of meaning present in clinical work.

Recent volumes continue this tradition while extending it toward pressing contemporary concerns. *A Psychoanalytic Exploration On Sameness and Otherness: Beyond Babel?* addresses the theme of sameness and difference through the symbolic reference to the Tower of Babel, opening a reflection on otherness, communication, fragmentation, and the search for meaning in a diverse and divided world. *Psychoanalytic Psychotherapy Between Identity and Change* continues this line of inquiry by exploring the identity of psychoanalytic psychotherapy itself in a changing professional, cultural, and clinical landscape. It asks how psychoanalytic psychotherapy can remain rooted in its core principles while also developing new, pragmatic, and creative ways of responding to contemporary clinical realities.

Taken as a whole, *EFPP Monographs* documents the evolution of European psychoanalytic psychotherapy over recent decades. The series forms a living archive of the clinical questions, theoretical developments, institutional challenges, and social concerns that have shaped the field. It is a valuable resource for psychoanalytic psychotherapists, psychoanalysts, trainees, supervisors, researchers,

teachers, and all professionals interested in the applications of psychoanalytic thinking in clinical, institutional, and social contexts.

For EFPP, this book series is more than a collection of publications. It is an expression of European collaboration, professional exchange, and the shared commitment to developing psychoanalytic psychotherapy as a rigorous, reflective, and living practice. Through its attention to the inner world, relational life, and the wider social realities that affect psychic experience, EFPP Monographs continues to contribute to the growth of psychoanalytic psychotherapy and to the dialogue between clinicians across Europe.

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