

EFPP OPEN ONLINE EVENT on the 9th of May 2025

# THE 1ST ADULT SECTION STUDY DAY

## Narcissistic Defences - Idealisation, Psychic Retreat and Self-Devaluation in Serious Illness



### Introduction

The Study Day is a half-day seminar organised by the European Federation of Psychoanalytic Psychotherapy (EFPP). Its principal aim is to promote a clinical and theoretical dialogue between the four psychoanalytic sections under the umbrella of the federation: adult, child, and adolescent, couple and family, and group psychoanalytic psychotherapy. From many years of work with cancer patients, Nellie Beketova will discuss her understanding of idealisation, self-devaluation, and omnipotence. These narcissistic defenses are organised into a structure very similar to a psychic

retreat, which on the one hand protects the weak, deficient self, and on the other hand provides the illusion of immortality and the possibility of internal communication with someone who has already ceased to exist in a symbiotic merger. Psychic retreat is unconscious for the patient and gradually captures the relationship with the therapist.

## Program

**Date:** 9th of May 2025. **Time:** is in CET

### 9:30 – 9:45 | Welcome and Introduction

**Gianfranco Buonfiglio**, Chair of the EFPP Adult Section

### 9:45 – 10:35 | Key Speech

***Narcissistic Defences: Idealization, Psychic Retreat, and Self-Devaluation in Serious Illness***

**Nellia Beketova**, *Clinical Psychologist, Psychoanalytic Psychotherapist, Adult Section SPP Moscow, Lecturer IPPP (Institute of Practical Psychology and Psychoanalysis), Delegate EFPP Adult Section*

### 10:35 - 10:50 | 1st Discussant

**Hansjorg Messner**, *M.A., Psychoanalytic Psychotherapist, British Psychoanalytic Council (BPC), British Psychotherapy Foundation (BPF), EFPP Delegate & Co-opted Board Member*

### 10:50 - 11:05 | 2nd Discussant

**Clelia De Vita**, *Psychologist, Psychotherapist, Psychoanalyst. Full Member of the Italian Society of Child Adolescence and Couple Psychotherapy (SIPSA). Full Member of the Italian Psychoanalytic Society and Analyst graduated in Child and Adolescent Psychoanalysis. Full Member of the International Psychoanalytic Association (IPA), Member of Psychoanalysis of Couple and Family (PCF), Representative of PCF at SIEFPP, Delegate of Couple and Family Section of EFPP.*

### 11:05 - 11:20 | Break

### 11:20 -11:45 | Small Group Discussions

### 11:45 - 12:30 | Discussion in Plenum

### 12:30 | Conclusions and Greetings

## Registration

### **Registration Fee: €30**

We are pleased to invite you to the Adult Section Study Day, an open event not limited to EFPP delegates. Please feel free to share this invitation and information with colleagues who may be interested.

- All participants, including delegates from the Child & Adolescent, PCFP, and Group Section, as well as non-EFPP delegates, please register and complete your payment (€30 participation fee) using the following link:  
**Register Here:** <https://efpp.org/efpp-adultsectionstudyday-2025-262549-262612/>  
(Registration link for all participants except EFPP Adult Section Delegates):
- **For EFPP Adult Section Delegates:**  
You will receive a separate registration link directly, as your participation is exempt from the registration fee.

Once you complete your registration and payment, you will receive the Zoom login details closer to the event date.

If you encounter any issues, please contact Administrative Secretary Anne Sauer at [annesauerefpp@gmail.com](mailto:annesauerefpp@gmail.com) or Financial Officer Janaki Hemaratne at [janaki@efpp.org](mailto:janaki@efpp.org)

We look forward to welcoming you to the event!

**Kind Regards**

**On behalf of the EFPP Adult Section**

Gianfranco Buonfiglio - *Chair of the EFPP Adult Section*

Keren Amouyal - *Board Representative of the EFPP Adult Section*