

BYLAWS - EFPP CONSTITUTION

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THE FOLLOWING MINIMAL TRAINING STANDARDS HAVE BEEN AGREED FOR QUALIFICATION OF PSYCHOANALYTIC PSYCHOTHERAPY PRACTITIONERS IN THE PUBLIC SECTOR

A) PSYCHOANALYTIC PSYCHOTHERAPY TRAINING FOR ADULT INDIVIDUAL

THERAPY Amended and adopted 13th March 2009 at the Delegates Meeting Kortenberg

1) Training is organised and implemented by an organization with training as one of its specific purposes. The organization must keep a register of members and trainees, which clearly defines those who are entitled to practice as qualified Psychoanalytic Psychotherapists.

2) An academic degree or an equivalent theoretical and clinical experience is precondition for application to the training programme. Every organization should have a Training Committee that furthermore evaluates the suitability of applicants.

3) National laws define the standard requirements for training in the member countries. The EFPP states the minimal criteria for qualification as a Psychoanalytic Psychotherapist. For recognition as a Psychoanalytic Psychotherapy practitioner of individual therapy, the criteria should be as follows:

a) Duration of training

A minimum of four years training course in psychoanalytic psychotherapy.

b) Personal psychotherapeutic experience

During the training program, the trainees are required to undergo individual psychoanalysis or psychoanalytic psychotherapy with a qualified psychoanalyst or psychoanalytic psychotherapist for not less than twice a week over a minimum period of four years. It is recommended to start the individual psychoanalysis or psychoanalytic psychotherapy before the training and continue thereafter. The individual psychoanalysis or psychoanalytic psychotherapy is conducted on a non-reporting basis.

c) Supervision requirements

The candidate sees at least two patients, for not less than 360 sessions in total. One patient is seen for two or preferably three sessions a week for not less than 240 hours. The training organization will decide number, frequency and duration of other cases. The total supervisory sessions should be not less than 200 sessions and at least one case should be supervised for at least two years on a weekly basis. Each trainee should have at least two different supervisors.

All cases used for qualification should be supervised and it is recommended that it includes at least one ending phase treatment.

d) Theoretical requirements during the training

The training period includes theoretical and technical seminars on Psychoanalytic Psychotherapy and its applications and clinical presentations material for not less than 360 hours in total.

Final qualification should include a written clinical paper based on a supervised case.

e) Clinical Experience

Before qualification, the trainees should have clinical experience in different clinical settings including institutional dimensions to the provision of health services and to be acquainted with a wide range of mental disturbances. Infant observation is also recommended.

The Training Committee should continuously monitor the candidate's suitability and progress on the basis of verbal or/and written reports from teachers and supervisors throughout the training.

Addendum

Organizations should make provisions for training and continuous development of supervisory skills and for CPD (Continuing Professional Development) for their members. Organizations should have an ethical code, an ethical committee and complaint procedures.