Psychodynamic Psychotherapy Research: Practice Based Evidence and Evidence Based Practice

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**Outcome Research**

--The Efficacy of Psychodynamic Psychotherapy
*Jonathan Shedler, PhD*

--Effectiveness of Long-term Psychodynamic Psychotherapy: First Meta-Analytic Evidence and its Discussion
*Sven Rabung, PhD & Falk Leichsenring, DSc*

--The Helsinki Psychotherapy Study-Effectiveness, Sufficiency, and Suitability of Short and Long-term Psychotherapy
*Paul Knekt, P.H.D., MSc; Maarit A. Laaksonen, MSc, MSocSc; Tommi Harkanen, PhD; Timo Maljanen, MSc; Esa Virtala; Erki Heinonen, MPsych; Olavi Lindfors, Lic. Psych.*

--The Munich Psychotherapy Study: Must All Have Prizes?
*Dorothea Huber, PhD, MD; Gerhard Henrich, PhD; Judith Gastner, PhD; Guenther Klug, MD*

--Psychoanalytic and Psychodynamic Psychotherapies for Depression: The Evidence Base
*David Taylor*

--Evidence-Based Psychodynamic Treatments for Anxiety Disorders: A Review
*Jenelle M. Slavin-Mulford, PhD; Mark Hilsenroth, PhD*
--An Update and Overview of the Empirical Evidence for Transference Focused Psychotherapy and Other Psychotherapies for Borderline Personality Disorder
Ken Levy, PhD; Kevin Meehan, PhD; Frank Yeomans, PhD

--What Happens After Treatment? Can Structural Change be a Predictor of Long-term Outcome?
Tilman Grande, PhD; Wolfram Keller, MD; Gerd Rudolf, MD

Commentary for Part I: Research on Short and Long-Term Psychoanalytic Treatment-The Current State of the Art
Jeremy Safran, PhD and Alexandra Shaker, PhD

The Neurobiology of Psychotherapy

--The Neurobiological Foundations of Psychotherapy
George Viamontes

--Neural Models of Psychodynamic Concepts and Treatments: Implications for Psychodynamic Psychotherapy—
Josh Roffman, MD; Andrew Gerber, MD, PhD; Debra Glick, MA

--Foundations of Psychodynamic Therapy: Implicit Emotional Learning
Philip Wong, PhD; Dana Haywood, PhD

--Toward Molecular Psychotherapy of Depression
Johannes Lehtonen, MD et al

--Psychotherapy Increases the Amount of Serotonin Receptors in Brains of Patients with Major Depressive Disorder
Hasse Karlsson, MD, PhD

--Neural Correlates of Emotion, Cognition and Attachment in Borderline Personality Disorder and its Clinical Implications
Anna Buchheim, PhD; Roberto Viviani, PhD; Carol George, PhD; Horst Kaechele, MD, PhD; Henrik Walter, MD, PhD
--Neurobiologically Informed Psychotherapy for Borderline Personality Disorder
Glen Gabbard, MD

--Bridging Technology and Psychotherapy: Towards Investigating Psychological and Neural Correlates of Psychodynamic Psychotherapy
Sharmin Ghaznavi, MD, PhD; Janet Witte, MD, MPH; Raymond Levy, PsyD; Joshua Roffman, MD

Commentary for Part II: Neurobiology of Psychotherapy: State of the Art and Future Directions—
Andrew Gerber, MD, PhD

Theory, Technique and Process

--Process and Outcome in Psychoanalytic Psychotherapy Research: The Need for a (relatively) New Paradigm
Patrick Luyten, PhD, Sidney Blatt, PhD, Linda Mayes, MD

--The Contributions of the Psychotherapy Process Q-set to Psychotherapy Research-
Lotte Smith-Hansen, PhD; Raymond A Levy, PsyD; Carolina Seybert, MA; Ingrid Erhardt, MA; J. Stuart Ablon, PhD

--Attachment Theory and Research: Implications for Psychodynamic Psychotherapy
Ken Levy, PhD; Kevin Meehan, PhD; Christina Temes; Frank Yeomans, PhD

--Studying Defense Interpretation in Psychodynamic Psychotherapy: Impact on Sessions and Complete Treatment
Chris Perry, PhD

--When Is Transference Work Useful in Psychodynamic Psychotherapy: A Review of Empirical Research
Per Hæglend, MD, PhD; Glen Gabbard, MD

--How to Make Practical Use of Therapeutic Alliance Research in Your Clinical Work
Mark J. Hilsenroth, PhD; Thomas D. Cromer, PhD; Steven J. Ackerman, PhD

Commentary on Part III: The Coming of Age of Psychoanalytic Treatment Research—
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Single Case Studies

--Single Case Research: The German Specimen Case Amalia X
Horst Kaechele, MD, PhD; Joseph Schachter, MD, PhD; Helmut Thomae, MD

--A Session of Psychoanalysis as Analyzed by the Psychotherapy Process Q-set: Amalia X, Session 152
Raymond A. Levy, PsyD; J. Stuart Ablon, PhD; Helmut Thomae, MD; Horst Kaechele, MD, PhD; Julie A. Ackerman, MA; Ingrid Erhardt, MA; Carolina Seybert, MA

--Combining Ideographic and Nomothetic Approaches to Single Case Research
Tai Katzenstein, Nnamdi Pole, J. Stuart Ablon, Carrie Olsen

Assessing Change

--Ten Diverse Outcome Measures for Psychodynamic Psychotherapy Research
Caleb Siefert, PhD; Jared DeFife, PhD

--Empirically-Informed Clinical Interviewing for Personality Disorders
Jared DeFife, PhD and Drew Westen, PhD
--The Structured Interview of Personality Organization (STIPO): An Instrument to Assess Severity and Change of Personality Pathology
Susanne Hoerz, Dr. phil, Dipl-Psych; John Clarkin, PhD; Barry Stern, PhD; Eve Caligor, MD

Appendix I

Psychotherapy Process Q-Set—Revised April, 2009
J. Stuart Ablon, PhD; Raymond A. Levy, PsyD and the Psychotherapy Research Program
Massachusetts General Hospital

Child Psychotherapy Process Q-Set
Enrico Jones, PhD
Celeste Schneider, PhD

Appendix II

Manualized Treatments for Psychodynamic Psychotherapy Research
Carolina Seybert, MA; Ingrid Erhardt, MA; Raymond Levy, PsyD; Horst Kaechele, MD, PhD