



**ERICASTIFTELSEN**

PSYKOTERAPI • UTBILDNING • FORSKNING

europaan federation **EFPP**  
for psychoanalytic psychotherapy

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**RESEARCH IN PSYCHODYNAMIC CHILD AND ADOLESCENT PSYCHOTHERAPY:  
How to do research and how to implement the results in clinical praxis?**

**AN INVITATIONAL WORKSHOP**

**STOCKHOLM, THE 17<sup>TH</sup> TO 19<sup>TH</sup> OF OCTOBER 2008**

arranged by the Erica Foundation in cooperation with the European Federation of Psychoanalytic Psychotherapy (EFPP)

Research on individual psychodynamic child and adolescent psychotherapy has now reached a volume when it is necessary for researchers and clinicians to engage in a dialogue about the results and how to make use of the results in daily clinical practice. Researchers may benefit by learning about what clinicians feel is worthwhile research and useful findings. Clinicians, on the other hand, may benefit by familiarizing themselves with research-based suggestions and conclusions about what works and how. The urgency of such dialogue has to do with the increasing demand for psychiatric and psychological help to children and adolescents and the questions being raised about the effectiveness of psychodynamic psychotherapy in many European countries.

With this workshop, to which participants are invited personally, we want to offer a platform for a dialogue about current and future directions in child psychotherapy research. The workshop, which is arranged by the Erica Foundation in cooperation with the European Federation of Psychoanalytic Psychotherapy (EFPP), will take place in Stockholm, the 17<sup>th</sup> to 19<sup>th</sup> of October 2008. The two main lines of work will be to present and discuss a number of research projects and discuss reasons for and actions against the gap between psychotherapy research and clinical practice. The workshop will be documented and we hope that it will contribute to a more widespread knowledge and constructive use of psychodynamic child- and adolescent psychotherapy.

The workshop will have a maximum of 30 participants. The membership consists today of experienced researchers and clinicians from Denmark, Germany, Greece, Norway, Sweden, UK and the USA. The cost for participating in the workshop is included for all participants. Thanks to the grants we have received from FAS and other sources we are also able to reimburse participants from abroad for the cost of two hotel nights.

The organizing committee consists of Gunnar Carlberg associate professor, director of the Erica Foundation, Siv Boalt Boëthius, professor, psychoanalyst, member of the EFPP research group and Jenny Sima, authorised psychologist, administrator of the workshop.