



**SOCIEDADE PORTUGUESA de GRUPANÁLISE e PSICOTERAPIA ANALÍTICA DE GRUPO (SPGPAG) - Portuguese Group Analytic and Groupanalytic Psychotherapy Society**

**NEWSLETTER**

**GROUP ANALYSIS** was introduced in Portugal in **1956** by **Prof. Doutor Eduardo Luis Cortesão**. It began as a **Study Group - Group-Analysis' Section** within the **Portuguese Society of Neurology and Psychiatry**.

Eduardo Luís Cortesão was professor of Psychiatry, psychoanalyst as well as a group analyst. He made his own group analytic training in London with Foulkes. In 1955, he became a **Full Member of the Group-Analytic Society – London**.

In **1981**, after the Portuguese Society of Neurology and Psychiatry was extinguished its Group-Analysis Section became the **Sociedade Portuguesa de Grupanálise (SPG)** - Portuguese Group Analytic Society. Its main activities have been the promotion of Group-Analysis and the preparation and training of Group Analysts.

Over the last twenty years, the **Sociedade Portuguesa de Grupanálise (SPG)** has been very active in becoming a more open and dynamic society, developing the communication and interaction between its members, and promoting the study and research on **Group Analysis and Group Analytic Psychotherapy and its' applications, as well as, promoting contacts with other Group Analytical Societies and Group Analysts**.

In **2012**, it was called **Sociedade Portuguesa de Grupanálise e Psicoterapia Analítica de Grupo** – Portuguese Society of Group Analysis and Group Analytic Psychotherapy.

**Theoretical and Technical Framework:**

**Psychoanalytic concepts and Group Analytic conceptualizations** - post – foulkesian conceptualizations –« English and Portuguese schools of group analysis».



### **Training:**

#### **Personal Group-analysis:**

With a training group analyst; in a mixed group; 3 or 2 times sessions a week; with no time limit

#### **Theoretical training course:**

4 years; two-hours session per week

#### **Supervision**

### **Study Groups:**

**Several Study Groups** have been created in order to investigate relevant issues: The **Research Group on Group Analysis** and the **Study Group on Evil** are both good examples of active study groups.

Furthermore, **Work Groups** have been assembled to develop and enhance the relationship between the Society, its members and the community. Amongst the most relevant **Work Groups**, there are: the **SPG Certification Committee**, which is responsible for the legal certification of the **SPG training course on Group Analysis**; the **SPG Website Editorial Committee** which aims to publish, update and provide accurate and relevant information about the **SPG**, as well as Scientific Events on Group Analysis and Group Analytic Psychotherapy, including International Events; finally, **the Public Relations and Marketing Committee**, which aims at advertising the SPG on the *Media*, as well as promoting partnerships between **SPG** and Mental Health Institutions, Schools and Universities.

### **Journals:**

In order to spread the work about Group Analysis and Group Analytic Psychotherapy, and also to encourage SPG members to publish their own work and ideas, SPG



publishes a journal, - **Revista Portuguesa de Grupanálise** - in paper and provides an online journal in its Website - **Grupanaliseonline**. Both journals are available to foreign authors to publish original papers.

### **Post Graduate Training - SELC:**

**SELC - Seminário Eduardo Luis Cortesão** (Eduardo Luis Cortesão Seminar) - is one of our post-graduated training procedures. It is a at 3-hours seminar on a monthly basis. In this Seminar SPG's members have the opportunity to present and discuss their clinical work and theoretical papers.

### **Applied Group Analysis:**

#### **Group Analytic Psychotherapy in Drug Addiction Treatment Centers, Prisons and other Legal Institutions**

Eduardo Luís Cortesão and **SPG** had played a major role since 1988, in the establishment of Group Analytic Therapeutic practice in Drug Addiction Treatment Centers, Prisons and other Legal Institutions.

#### **Multi-Family Groups**

They were introduced in Portugal, in 2001, in the Psychiatric Day Hospital of the Psychiatric Department of the General and University Hospital de Santa Maria, in Lisbon. These groups have been presented and published in several conferences, journals and books. They have been developed as Group Analytic Multi Family Psychotherapy.

#### **Group and Team Coaching:**

In order to improve knowledge and training in applied group analysis, some SPG's members have developed group analytic concepts in coaching –Coaching de Inspiração



Grupanalítica (Group Analytic Coaching). Recently, in November 2011, two workshops conducted by Christine Thornton, were held in Lisbon.

### **Conferences:**

The Portuguese Society of Group Analysis has organized annually a **National Congress** in order to stimulate the exchange of information, debate and interaction between members of the SPG and other professionals as well as to divulge the Group Analysis and Group Analytic Psychotherapy in other areas of knowledge. The next one, it will be held, in October 2012, in Lisbon.

Since 1989, **SPG** has also organized every two years, with some Brazilian Group Analytic Societies, the ***Encontro Luso-Brasileiro de Grupanálise e Psicoterapia Analítica de Grupo*** (Portuguese/Brazilian Meeting of Group Analysis and Group Analytic Psychotherapy). This scientific event aims to stimulate exchanges among Portuguese and Brazilian Group Analysts. The next one will be held, in November - 22<sup>nd</sup> - 24<sup>th</sup> 2012, in Belém do Pará, Brazil.

Moreover, **SPG** has been the local organizing society of important **International Conferences**, such as:

The **1st European Symposium of Group Analysis** held in Estoril, Portugal, in **1970**.

The **EFPP III Group Section Conference of Psychoanalytic Group Psychotherapy**: “The Individual and the Group: bridging the gap”, which took place, in Lisbon, in **2004**;

The **34<sup>th</sup> Winter Workshop of the Group-Analytic Society (London)**, on the subject: “Group Analysis Today: Concepts and Preconceptions”, held in Lisbon, in **2006**.

The **EGATIN Study Days 2012**, held on the 27<sup>th</sup> and 28<sup>th</sup> of April 2012, in Lisbon, Portugal, on “***Love, Passion and Intimacy***”.



**Several Members of the SPGPAG have been members of Scientific Committees of other International Group Analytic events, as well as members of the Management Committees of GAS and EGATIN**

### **Main International Memberships**

- **GAS International**
- **EFPP**
- **EGATIN**
- **IAGP**
- **NESME – Núcleo de Estudos em Saúde Mental e Psicanálise das Configurações Vinculares - Brazil**
- **SPAGC - Sociedade de Psicoterapia Analítica de Grupo de Campinas - Brazil**

### **Agenda:**

- **XIII Congresso Nacional de Grupanálise on: «Violência – uma abordagem grupanalítica» (Violence – a group analytic perspective) It will be held in October 2012, in Lisbon.**
- **XI Encontro Luso-Brasileiro de Grupanálise e Psicoterapia Analítica de Grupo (Portuguese and Brazilian Meeting on Group Analysis and Group Analytic Psychotherapy), held every two years, which will take place on the 22<sup>nd</sup>, 23<sup>rd</sup> and 24<sup>th</sup> of November 2012, in Belém do Pará, Brazil, on the subject: “Grupanálise e Psicanálise Vincular/Teoria e Prática com Grupos em diferentes contextos e finalidades” (Group Analytic and Psychoanalytic Attachment/ Theory and practice with different settings and goals);**



- **GAS 16<sup>th</sup> European Symposium in Group Analysis: “Group Analysis: «Art meets Science - exploring changes and challenges»** to be held in Lisbon, Portugal, from the 28<sup>th</sup> July to the 1<sup>st</sup> August 2014.

**We look forward to seeing you All in Lisbon very soon!**

**On behalf of SPG,**

**The Delegates to the EFPP Group Section,**

**Isaura Manso Neto**

**Mário David**