

Psychoanalytic Psychotherapy International Conference

Verona 28-30 October 2016

The practice of psychoanalytic psychotherapy in the British tradition: **Supervision Masterclass**

Sala Montanari
Società Letteraria di Verona
Piazzetta Scalette Rubiani, 1
Verona

www.centreitalia.com

centreitalia is pleased to invite you to the Verona Psychotherapy Supervision Masterclass which will be attended by Italian and British delegates, including 40 psychotherapists working in the public and private sectors in London.

Participants will experience how psychoanalytic theories are put into practice in clinical work using an approach that combines professional rigour, high quality service delivery and pragmatism. They will also have the opportunity to learn how supervisors conduct supervisions with the specific objective of enabling members of the supervision group to attribute meaning to clinical material and broaden their introspective skills.

They will also participate in a session during which supervisors will present their supervision work to a supervisor and will therefore experience directly how supervisory skills are taught and learned.

A lecture will focus on the understanding and management of conscious and unconscious dynamics in supervision groups and a second lecture on group psychotherapy, primary task and organisational dynamics.

Supervisors at the Masterclass will be:

Dr David Morgan: Training and Supervising Psychoanalyst of the British Psychoanalytic Association, Clinical Psychologist and formerly Consultant Psychotherapist at the Tavistock and Portman Clinics. Dr Morgan is co-editor of the book: 'Lectures on Violence, Perversion and Delinquency '(Karnac). He is a well known speaker delivering lectures in the United Kingdom and internationally, with frequent appearances on British television and radio.

Dr Lorenzo Grespi: Consultant Psychiatrist and Psychotherapist, Deputy Head of CNWL Psychotherapy and Clinical Lead for Kensington, Chelsea and Westminster and Medical Director of **centre** UK. Dr Grespi worked for many years as an external supervisor of individual and group psychotherapy at the Tavistock Clinic and provides supervision for various British and Italian organisations in the public and private sectors. Dr Grespi is also an organisational consultant, specialising in the management of mental health in the workplace for large employers.

Dr William Badenhorst: Consultant Psychiatrist and Psychotherapist, NHS Consultant Psychiatrist in Psychotherapy in Westminster and Deputy Medical Director of **centre** UK. Dr Badenhorst has a special interest in the provision of psychotherapy to ethnic minorities and disabled patients. He also has expertise in healthcare education and delivers training to psychiatrists, non-medical mental healthcare professionals and organisations in the private and voluntary sectors.

Dr Alla Rubitel: Consultant Psychiatrist, Psychoanalyst and Forensic Psychotherapist, NHS Consultant Psychiatrist in Psychotherapy in Westminster and at the Tavistock & Portman Clinics. Dr Rubitel is co-editor of the book: 'Containment in the Community: Supportive Frameworks for Thinking about Antisocial Behaviour and Mental Health' (Karnac). Dr Rubitel has special expertise in the provision of forensic psychotherapy treatments to patients with complex pathology and high potential for acting out.

The Masterclass is organised by **centreitalia**, the Verona branch of **centre** UK, an international organisation based in London that offers specialist psychotherapy, psychiatry, clinical psychology and counselling to individuals and occupational and organisational consultancy and training to employers and insurance companies.

The Masterclass will be chaired by **Dr Valerio Vivenza**, Psychiatrist and Psychotherapist, and Medical Director of **centreitalia**. Dr Vivenza has special expertise in the treatment of patients with severe personality disorders.

The Masterclass will be held in English and Italian.

Friday 28th October 2016

'Understanding and Learning through Supervision'

Morning session

- 9:00 - 9:30 Registration
- 9.30 - 9:45 Welcome and introduction
Dr Valerio Vivenza, Chair, *Verona*
- 9:45 - 11:15 Psychotherapy Supervision Masterclass
Supervisor: **Dr David Morgan**, *London*
Psychotherapist: **Ms Anna Patelli**, *Bergamo and London*
- 11:15 - 11:30 Break
- 11:30 - 13:00 Psychotherapy Supervision Masterclass
Supervisor: **Dr David Morgan**
Psychotherapist: **Ms Donata Puntil**, *London*

Afternoon session

- 14:45 - 16:15 Lecture and discussion:
'Understanding and Managing Conscious and Unconscious Dynamics in the Supervision Group: an Operational Model'
Lecturer: **Dr Lorenzo Grespi**, *London*
- 16:15 - 16:30 Break
- 16:30 - 18:00 Psychotherapy Supervision Masterclass: the Psychotherapy Assessment
Supervisor: **Dr William Badenhorst**, *London*
Psychotherapist: **Ms Sham Ambiavagar**, *London*

Saturday 29th October 2016

'Supervision of Supervision'

Morning session

- 9.00 - 9:30 Welcome, announcements and introduction
Dr Lorenzo Grespi, Chair
- 9:30 - 11:00 Psychotherapy Supervision of Supervision Masterclass
Supervisor: **Dr David Morgan**
Presenting Supervisor: **Dr William Badenhorst**
- 11:00 - 11:30 Break
- 11:30 - 13:00 Psychotherapy Supervision of Supervision Masterclass
Supervisor: **Dr David Morgan**
Presenting Supervisor: **Dr Valerio Vivenza**

'Group Psychotherapy and Group Psychotherapy Supervision'

Afternoon session

- 14:45 - 16:15 Lecture and discussion:
'Group Psychotherapy in the Public Sector: Primary Task and Organisational Dynamics'
Lecturers: Ms Paula Godfrey and Mr Robin Smith, *London*
- 16:00 - 16:30 Break
- 16:30 - 18:00 Group Psychotherapy Supervision Masterclass
Supervisor: **Dr Lorenzo Grespi**
Psychotherapists: Ms Paula Godfrey and Mr Robin Smith

Sunday 30th October 2016

'Supervision of Psychotherapy with Difficult Patients'

Morning session

- 9.00 - 9:30 Welcome, announcements and introduction
Dr Valerio Vivenza
- 9:30 - 11:00 Psychotherapy Supervision Masterclass: The Perverse Patient
Supervisor: **Dr David Morgan**
Psychotherapist: **Ms TJ Gostick**, *London*
- 11:00 - 11:15 Break
- 11:15 - 12:45 Psychotherapy Supervision Masterclass: A Patient At Suicidal Risk
Supervisor: **Dr Alla Rubitel**, *London*
Psychotherapist: **Ms Sonia Grundies**, *London*
- 12:45 - 13:00 Closing remarks
Dr Valerio Vivenza