

**European Federation for Psychoanalytic Psychotherapy – EFPP  
The First Conference  
of the Ukrainian National EFPP Network**



**BRIDGE OVER TROUBLED WATER  
PROFESSIONAL IDENTITY  
OF A PSYCHOANALYTIC PSYCHOTHERAPIST  
IN A CHANGING WORLD**

Dear Colleague!

It is our pleasure to invite you to the conference dedicated to the problem of the psychoanalytic psychotherapist's professional identity in the contemporary world.

We are living in stormy times, when the past is ambiguous, the present - disturbing, and the future - uncertain.

Old social and political institutions, moral and cultural values, which used to provide us with a sense of support and protection and imbued life with dependable meanings, are nowadays failing and causing a loss of trust.

Massive displacement and the disorganization of significant introjections are taking place on the levels of both individual psychology and the social matrix. This process produces large amounts of unbound anxiety, which can be barely coped with, even by means of the strongest defense mechanisms.

Psychology and psychotherapy become areas of special interest. There is a growing

request for help by the population in the current situation of serious psychological stress and disturbance. There are high expectations connected to our professional field. We experience the full impact and ambivalent charge of these expectations, which gives us a heavy load of responsibility. In such circumstances, as never before, we need to be confident in our methods, aware of their strengths and limitations. It becomes necessary to have more reliable communication, mutual understanding and support in our professional field.

Yet, as people belonging to our time, we are carried away by the same stream of social turbulence, equally susceptible to the influence of all intrapsychic and transpersonal events. Until now there has been little opportunity for training according to contemporary standards in the field of psychoanalytic psychotherapy, as well as a lack of appropriate conditions for psychotherapeutic practice. Our method of psychotherapy is strongly challenged by other, non-analytic methods. It is expected that we will prove its effectiveness in accordance with the principles of evidence-based medicine. Our professional community lacks cohesion and at times becomes an arena for the acting out of intense affects.

All of this may induce some practicing psychotherapists to work in isolation and to rely solely on their individual resources.

After this difficult historical period, which can be described in Bion's terms as a period of catastrophic change, we experience stages of disorganization, frustration and pain. However, a new period of integration, growth and development will hopefully follow. Meanwhile, we have no other choice than to rely upon the knowledge and experience that are at our disposal, to build and strengthen bridges – bridges between a therapist and a patient, between psychoanalytic theory and the reality of modern practice, and among colleagues from different countries, various professional communities and related psychotherapy methods.

## **Conference program**

### 24.06.2016 Friday

- 13:00 – 15:00 Registration
- 15:00 – 15:30 Opening ceremony
- 15:30 – 16:45 Plenary lecture «The Professional Identity: A Protecting Boundary - or a Bridge Over Troubled Water?»  
(main speaker *Thor-Kristian Island* + discussant *Taras Levin*),  
*Group section.*
- 16:45 – 17:00 Break
- 17:00 – 18:00 Discussion in small groups
- 18:00 – 18:30 Break
- 18:30 – 20:00 Large group (conductor *Thor-Kristian Island*).

### 25.06.2016 Saturday

- 9:30 – 11:00 Experiential Social Dreaming matrix (conductor *Gila Ofer*),  
*Group section.*

- 11:00 – 11:30 Break
- 11:30 – 12:45 Plenary lecture «Psychoanalysis and psychotherapy in contemporary world» (main speaker *Paolo Fonda* + discussant), *Adult section*.
- 12:45 – 13:00 Break
- 13:00 – 14:00 Discussion in small groups
- 14:00 – 15:30 Lunch
- 15:30 – 16:30 Plenary lecture «Social Dreaming Matrix» (main speaker *Gila Ofer*), *Group section*.
- 16:30 – 17:00 Break
- 17:00 – 18:30 Workshop on «Psychooncology – an introduction to the meaning and options of the psychoanalytical approach» conducted by Dr. Christa Hack and Dr. Dora Spyth *Adult section*

Workshop «Psychoanalytic identity and mental space» (*Vitaliy Yelisyeyev*), *Group section*

Workshops, supervisions in parallel

20:00 Gala dinner

#### 26.06.2016 Sunday

- 9:30 – 11:00 Experiential Social Dreaming matrix (conductor *Gila Ofer*), *Group section*
- 11:00 – 11:30 Break
- 11:30 – 12:05 Plenary lectures  
«Psychoanalytic psychotherapy as profession» (*Michail Suslov*), *Adult section*
- 12:05 – 12:45 «Psychoanalytic psychotherapist's professional identity development» (*Tatjana Pushkarova*), *Adult section*
- 12:45 – 13:00 Break
- 13:00 – 14:00 Discussion in small groups
- 14:00 – 15:30 Lunch
- 15:30 – 17:00 Second part of the workshop conducted by Dr. Christa Hack and Dr. Dora Spyth «Psychoanalytic approach in psychooncology – clinical presentations and discussion on the curing factors of psychotherapy with patients suffering from cancer», *Adult section*

Paper presentation and discussion  
«Freedom of will in the psychoanalytic dialogue»  
Prof. Olga Mostovaya *Adult section*

Workshops, supervisions in parallel

- 17:00 – 17:30 Break
- 17:30 – 19:00 Large group (conductor *Thor Kristian Island*).

## **Conference language**

Ukrainian, Russian, English, German

## **Conference organizers**

Ukrainian Association for Psychoanalytic Psychotherapy  
Association of Psychotherapists and Psychoanalysts of Ukraine, Group section  
Ukrainian Psychoanalytic Society

## **Under the auspices of**

Clinical Hospital "Feofania", SAA, Centre of psychotherapy and psychosomatic disorders  
National Medical University named after O.O. Bogomolets, department of psychosomatic medicine and psychotherapy  
Institute of paediatrics, obstetrics and gynaecology NAMS, centre of psychosomatics and psychotherapy

## **Program committee**

**S.I. Tabachnikov**, acad., prof. – *APPU President, chief academic secretary ASHEU;*  
**T.N. Pushkarova**, MD, prof – *UAPP Honorary Chair, member of UPS executive committee, IPA member, EFPP delegate from Ukraine, Adult section;*  
**O.S. Chaban**, MD, prof – *APPU Vice-President, expert in educational work, EFPP delegate from Ukraine, Group section;*  
**M.L. Suslov** – *UAPP Chair, member of UPS executive committee, IPA member;*  
**T.I. Levin** – *Head of Group psychoanalytic psychotherapy section APPU, EFPP delegate from Ukraine, Group section.*

## **Organization committee**

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## **Contacts**

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## **Main speakers and group conductors**

**Paolo Fonda**, MD (Italy)

*Psychiatrist, training psychoanalyst of the IPA and Italian Psychoanalytic Society, former Director of the Psychoanalytic Institute for Eastern Europe. Member of the European Psychoanalytic Institute Board. Co-chair for Europe of the IPA International New Groups Committee. Vice-President of the EFPP Slovenian Society for Psychoanalytic Psychotherapy. Author of papers on psychoanalytic education, fusion, analytic setting and interethnic problems.*

**Krista Hack, MD (Germany)**

*Psychiatrist, psychotherapist, IPA and DPV psychoanalyst, specialist in psychosomatic medicine in private practice, author of works on psychosomatics, psychooncology, psychotrauma.*

**Dora Spyth, MD (Germany)**

*General physician, surgeon, IPA psychoanalyst, consultant in psychotherapeutic medicine, psychosomatic medicine and psychooncology.*

**Gila Ofer, Ph.D (Israel)**

*Training psychoanalyst and group analyst  
Tel Aviv Institute of Contemporary Psychoanalysis  
Israeli Institute of Group Analysis  
Coordinator of Eastern European countries EFPP and  
Editor in chief of the EFPP Psychoanalytic Psychotherapy Review*

**Thor-Kristian Island, MD (Norway)**

*Psychiatrist, psychotherapist and group analyst in private practice in Oslo, Norway. Co-founder and ex-director of Institute of Group Analysis (Norway) Co-founder of the Norwegian Group Psychotherapy Association Training group analyst, supervisor and theory lecturer in group analytic training program in Norway.*

**Olga Mostovaya MD PhD (Ukraine)**

*Professor, child psychiatrist, psychoanalytic psychotherapist, specialist in neuroscience, UAPP member, WAIMH member*

**Vitaliy Yelisyeyev (Ukraine)**

*Psychiatrist, supervisor and training analyst of UAPP, UUAP, UCPP, UPS. Lecturer and group conductor in the training course in group psychoanalysis at the International Institute of Depth Psychology.*

**Venue**

Clinical Hospital "Feofania" SAA  
Acad. Zabolotnoho str. 21, Kyiv, Ukraine.

**Conference fee**

Till 1<sup>st</sup> May 2016 Full price 60 EUR

Reduced price (UAPP, APPU members) 50 EUR

From 2<sup>nd</sup> May till 1<sup>st</sup> June 2016 Full price 70 EUR

Reduced price (UAPP, APPU members) 60 EUR

Late registration – 80 EUR

### **Certification**

Hours of theory, supervision and personal experience in analytic groups obtained during the conference will be recognized as credits towards fulfillment of educational requirements in group analytic and psychoanalytic psychotherapy educational courses.