

4th EFPP WORKSHOP ON INFANT OBSERVATION

Addressing intergenerational trauma through parent infant psychotherapy.

02.-04. May 2013, TALLINN, ESTONIA

Venue: The Estonian Chamber of Disabled People, Toompuiestee 10

Psychoanalytic infant observation is a vital component in the training of psychotherapists, psychoanalysts and clinicians of allied professions. Its usefulness to clinical work is well established worldwide, as it enables clinicians to conceptualise the nonverbal and implicit interactive processes, enhancing their capacity for perceptual and emotional receptivity. Following the infant's emotional development within his/her family, the observers can develop 'empathic receptivity', as they unconsciously engage with primitive states of mind.

Infant Observation has been a special interest group within the EFPP. A working party was formed in 2004 which extended this interest, which has organised three Infant Observation Workshops (Athens 2005, Pisa 2008, Stockholm 2010), and has a constant presence in all recent EFPP conferences.

The aim of such workshops is to promote space for reflection on the method of Infant Observation and its relevance to clinical practice, but also to keep in touch with the different training applications and the new developments.

The guest speaker will be: Tessa Baradon from UK, a clinical practitioner, consultant and lecturer in the fields of child psychoanalysis and psychotherapy, and parent-infant psychotherapy. Her most recent book is "Relational Trauma in Infancy: Psychoanalytic, Attachment and Neuropsychological Contributions to Parent Infant Psychotherapy". London, New York: Routledge 2009

Addressing intergenerational trauma through parent infant psychotherapy:

Intergenerational trauma refers to overwhelming negative experiences and patterns of response that occur within the attachment relationship between infant and parent, that are unconsciously transmitted down the generations. Such relational trauma is associated with impairments in the parent –infant relationship and negative developmental outcomes for the child. Parent infant psychotherapy is a modality of relationship-based early intervention that aims to bring positive changes in the parent infant relationship, to support healthy developmental pathways

Participants in the workshop will be introduced to core theoretical and research-based concepts, how these concepts manifest in practice and early relational interventions. Discussion of DVD extracts from clinical sessions will form the basic teaching/learning method.

It is anticipated that the session be relevant to all practitioners working with infants and their families, and will lead to an enhanced knowledge and skills bases in their work with this population.

Agenda

Thursday 02. May

10.30- 12.00 Arrival and registration
12:00-12:30 Welcome and introduction
12:30-14:00 Workshop 1: Infant Observation Seminar, discussion.
14:00-15:00 Lunch
15:00-16:30 Workshop 2: Infant Observation Seminar, discussion
16:30-17:00 Reflections on the workshops of the day
19.00 Dinner in The Old Town (paid separately)

Friday 03. May

10.00-12.00 Tessa Baradon “ Addressing intergenerational trauma through parent infant psychotherapy“
12.00-12.30 Coffee
12.30-14.00 Tessa Baradon continues the workshop
14.00-15.00 Lunch
15.00-16.00 Tessa Baradon continues the workshop
16.00-17.00 Reflections on the workshops of the day
18.00-21.00 Banquet (paid separately)

Saturday 04. May

10.00-11.30 Workshop 3: Infant Observation Seminar, discussion.
11.30- 13.00 Summing up, planning of the next IO workshop and Closure
13.00-14.00 A light meal, farewell

The participation fee is 170 €. up to April 15, as of 16 April it will be **200 €.**
The fee includes cost of lunch and coffee break. **Banquet 27 €.**

Participants are requested to send a filled registration form to:
babyobservation@gmail.com

and transfer the participation fee to the following account:

Account Name: EPLS
Account Number: 221024060449
IBAN Code: EE792200 221024060449
Bank Name: Swedbank AS
Bank Address: Liivalaia 8, 15040 Tallinn
Bank SWIFT/BIC : HABAE2X

The number of participants is limited to 40 persons.

The working party for Infant Observation in the EFPP: Simona Nissim (Italy), Anne Holländer (Denmark), Effie Layiou-Lignos (Greece), Piret Visnapuu-Bernadt (Estonia)

For further information: Sirje Rass sirje.rass@gmail.com, Tiina Valvas tiina.valvas@mppk.ee, Piret Visnapuu-Bernadt piret.visnapuu@gmail.com

We look forward to welcoming you to Tallinn!